



Cooking On-A-Dime Workshop



Who: For adults who would like to learn about cooking affordable and healthy foods on a budget; to use leftovers and to develop new food preparation skills. All levels of cooking experience welcome!

What: Come cook, learn and eat together with us! We will be cooking new Fall dishes!

Where: North Lanark Community Health Centre
207 Robertson Drive, Lanark, ON

When: **Wednesday, October 12, 2011**
10:00 am – 1:00 pm

Cost:



For more information or to register, please call Karina at
613-259-2182 or
1-866-762-0496



North Lanark
Community Health Centre
A part of Lanark Health and Community Services



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