



# HEALTHY HOLIDAY BAKING



Join us for a morning of baking and learning together about using simple tips to give your favorite recipes a healthy make-over!

**Who:** For people who want to learn how to prepare delicious and healthier baked goods and desserts. All levels of baking experience welcome!

**Where:** North Lanark Community Health Centre  
207 Robertson Drive, Lanark, ON

**When:** **Wednesday, November 9, 2011.**  
**10:00am – 1:00pm**

**Cost:**



For more information or to register, please call Karina at  
613-259-2182 or  
1-866-762-0496



North Lanark  
Community Health Centre  
A part of Lanark Health and Community Services



Ontario's Community  
Health Centres  
Every One Matters.