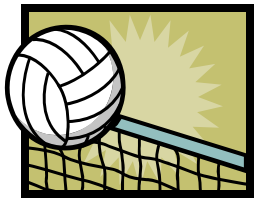
North Lanark Community Health Centre
Presents



Healthy Active Kids

Who: Children and Youth in Grades 2-8

What: A chance to get physically active and have fun

Where: Maple Grove Public School, Lanark

When: Mondays 3:30-5:30pm - Grades 5, 6, 7 & 8
Tuesdays 3:30-5:30pm - Grades 2, 3 & 4
Wednesdays 3:30-5:30pm - Grades 2, 3 & 4

Why: To provide an active, safe, and supportive environment for children to develop and enhance a healthy lifestyle through physical activity, fair play and fun!

To Register: Parents must call the Health Centre at 613 259-2182 to guarantee a space.

Twenty children per session!

North Lanark County
Community Health Centre